

WEEK 3

NUTRITIOUS

THREE WEEK MENU

AUTUMN/WINTER 2026

Our new menu chosen by parents and children – Your favourites available every day



Chartwells
Schools

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Red Pepper and Nut-Free Pesto Spaghetti	Cheese and Tomato Quiche with Potato Wedges	Quorn Roast with Roast Potatoes, Yorkshire Pudding and Gravy	Macaroni Cheese	Quorn Dippers with Chips
OPTION 2	Cheese and Tomato Pizza with Nut-Free Pesto Pasta	Homemade Sausage Roll with Herby Diced Potatoes	Roast Chicken with Roast Potatoes, Yorkshire Pudding and Gravy	Beef Bolognese with Pasta	Fish Fingers or Chicken Goujons with Chips
OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD					
OPTION 4	Ham Sandwich	Ham Sandwich	Ham Sandwich	Ham Sandwich	Ham Sandwich
OPTION 5	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich
DELI DISHES ARE SERVED WITH MIXED SALAD					
DESSERT	Oat Cookie with fresh fruit slices	Vanilla Ice Cream	Banoffee Pie	Chocolate Sponge with Chocolate Custard	Chocolate Cookie - with Fruit Slices

AVAILABLE DAILY



FRESH FRUIT, SALAD, YOGHURT AND WATER



BAKED POTATOES
With a choice of topping

- Vegetarian
- Vegan
- Oily Fish
- Fruity!
- Wholegrain
- Nutritionist's Choice
- Halal Available

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W/C: 16/11/2026, 07/12/2026, 18/01/2027, 08/02/2027, 01/03/2027, 22/03/2027
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WEEK 1

FRESH!

WEEK 2

HOT DISHES

OPTION
1Cheese and
Tomato Pizza
with Nut-Free Pesto
Pasta 🌱 🌱OPTION
2BBQ Wrap
with Rice 🌱 🌱OPTION
3Tomato Pasta
Fresh, homemade
Tomato Sauce with
Penne Pasta 🌱

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Bean and
Cheese Pastry
Turnover
with Herby Diced
Potatoes 🌱Sweet Potato
and Chickpea
Roast
with Stuffing and
Gravy 🌱 🌱Vegan Meatball
Baguette
with Potato
Wedges 🌱Veggie Fingers
with Chips 🌱Pork Meatball
Sub
with Herby Diced
PotatoesRoast Chicken
with Roast
Potatoes, Stuffing
and GravyLasagne
with a Garlic
Doughball 🌱 🌱Fish Fingers or
Chicken Goujons
with ChipsTomato Pasta
Fresh, homemade
Tomato Sauce with
Penne Pasta 🌱Tomato Pasta
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Penne Pasta 🌱Tomato Pasta
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Penne Pasta 🌱Tomato Pasta
Fresh, homemade
Tomato Sauce with
Penne Pasta 🌱

HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD

OPTION
4

Ham Sandwich

Ham Sandwich

Ham Sandwich

Ham Sandwich

Ham Sandwich

OPTION
5Cheese
Sandwich
🌱Cheese
Sandwich
🌱Cheese
Sandwich
🌱Cheese
Sandwich
🌱Cheese
Sandwich
🌱

DELI DISHES ARE SERVED WITH MIXED SALAD

DESSERT

Lemon Cookie
🌱Chocolate Ice
CreamApple Crumble
with Custard 🌱 🌱Chocolate
Marble Cake
🌱Chocolate Crips
with Fruit
🌱

HOT DISHES

OPTION
1Cheese and
Tomato Pizza
with Nut-Free Pesto
Pasta 🌱 🌱OPTION
2Spicy Tomato
Pasta Bake
with Garlic
Doughball 🌱OPTION
3Tomato Pasta
Fresh, homemade
Tomato Sauce with
Penne Pasta 🌱

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Chinese
Vegetable Rice
🌱 🌱Quorn Roast
with Potatoes,
Yorkshire Pudding
and Gravy 🌱Vegetable
Korma
with Rice 🌱 🌱Quorn Dippers
with Chips 🌱Cheeseburger
with Herby Diced
PotatoesRoast Pork
with Potatoes,
Yorkshire Pudding
and Gravy 🌱Katsu Chicken
with RiceFish Fingers or
Chicken Goujons
with ChipsTomato Pasta
Fresh, homemade
Tomato Sauce with
Penne Pasta 🌱Tomato Pasta
Fresh, homemade
Tomato Sauce with
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HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD

OPTION
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Ham Sandwich

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OPTION
5Cheese
Sandwich
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🌱Cheese
Sandwich
🌱Cheese
Sandwich
🌱

DELI DISHES ARE SERVED WITH MIXED SALAD

DESSERT

Chocolate
Cookie
🌱 🌱 🌱Strawberry Ice
CreamCornflake Tart
with FruitChocolate Fudge
CakeGinger Biscuit
with Fruit
🌱

DELI DISHES

FRUITY!

AVAILABLE DAILY

🌱 Vegetarian 🌱 Vegan 🌱 Oily Fish 🌱 Fruity! 🌱 Wholegrain
 🌱 Nutritionist's Choice 🌱 Halal Available

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W/C: 09/11/2026, 30/11/2026, 11/01/2027, 01/02/2027, 22/02/2027, 15/03/2027

AVAILABLE DAILY

🌱 Vegetarian 🌱 Vegan 🌱 Oily Fish 🌱 Fruity! 🌱 Wholegrain
 🌱 Nutritionist's Choice 🌱 Halal Available

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W/C: 02/11/2026, 23/11/2026, 14/12/2026, 04/01/2027, 25/01/2027, 08/03/2027