



# Handwriting at Shortlanesend



Daily 15 minute lesson

- 1) Start the lesson with a hand and shoulder warm up activity.  
\*See handbook for examples
- 2) Next, draw around the infinity sign to help strengthen the movement in the wrist.

Left-handers use this one



Right-handers use this one



- 3) Reception, Year 1 and 2 to complete one section of the 'Letter formation' book each day.
- 4) KS2 to complete as much of the page as deemed appropriate.

Use the Teacher's Book to find more information on:

- Key aims
- Sitting position
- Developing a good pencil grip
- Left-handed writers
- Paper position
- Correcting handwriting problems