



PSHE Curriculum Overview

Class	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
N	Marvellous Me	Valuing difference	Keeping safe	Rights and respect	Growing and changing	Being my best
R	<p>1x lesson on British Values</p> <p>Respecting Myself</p> <p>All about me (coramifeeducation.org.uk)</p> <p>What makes me special (coramifeeducation.org.uk)</p> <p>My feelings (coramifeeducation.org.uk)</p> <p>My feelings (2) (coramifeeducation.org.uk)</p> <p>Growth Mindset</p> <p>Bouncing back when things go wrong (coramifeeducation.org.uk)</p> <p>Yes, I can! (coramifeeducation.org.uk)</p>	<p>Tolerance & Respect</p> <p>1x lesson on black history month</p> <p>I'm special, you're special (coramifeeducation.org.uk)</p> <p>Same and different (coramifeeducation.org.uk)</p> <p>Same and different families (coramifeeducation.org.uk)</p> <p>Same and different homes (coramifeeducation.org.uk)</p> <p>I am caring (coramifeeducation.org.uk)</p> <p>I am a friend (coramifeeducation.org.uk)</p>	<p>Healthy Living</p> <p>Healthy eating (coramifeeducation.org.uk)</p> <p>My healthy mind (coramifeeducation.org.uk)</p> <p>Move your body (coramifeeducation.org.uk)</p> <p>A good night's sleep (coramifeeducation.org.uk)</p> <p>The Environment</p> <p>Seasons (coramifeeducation.org.uk)</p> <p>Life stages - plants, animals, humans (coramifeeducation.org.uk)</p>	<p>Keeping Myself and Others Safe</p> <p>What's safe to go onto my body (coramifeeducation.org.uk)</p> <p>Keeping Myself Safe - What's safe to go into my body (including medicines) (coramifeeducation.org.uk)</p> <p>Safe indoors and outdoors (coramifeeducation.org.uk)</p> <p>Listening to my feelings (coramifeeducation.org.uk)</p> <p>Keeping safe online (coramifeeducation.org.uk)</p> <p>1x lesson on road safety: Stop, look, listen</p>	<p>The People Around Me</p> <p>Me and my special people (coramifeeducation.org.uk)</p> <p>Looking after my special people (coramifeeducation.org.uk)</p> <p>Being helpful at home and caring for our classroom (coramifeeducation.org.uk)</p> <p>Who can help me? (coramifeeducation.org.uk)</p> <p>Economics</p> <p>Looking after money (1): recognising, spending, using (coramifeeducation.org.uk)</p> <p>Looking after money (2): saving money and keeping it safe (coramifeeducation.org.uk)</p>	<p>Growing</p> <p>Life Stages: Human life stage - who will I be? (coramifeeducation.org.uk)</p> <p>Getting bigger (coramifeeducation.org.uk)</p> <p>Me and my body - girls and boys (coramifeeducation.org.uk)</p> <p>Babies</p> <p>Where do babies come from? (coramifeeducation.org.uk)</p>
Year 1	<p>1x lesson on British Values</p> <p>Teamwork & Conflict Resolution</p> <p>Why we have classroom rules (coramifeeducation.org.uk)</p> <p>How are you listening? (coramifeeducation.org.uk)</p> <p>Thinking about feelings (coramifeeducation.org.uk)</p> <p>Our feelings (coramifeeducation.org.uk)</p> <p>Feelings and bodies (coramifeeducation.org.uk)</p> <p>Good friends (coramifeeducation.org.uk)</p>	<p>Tolerance & Respect</p> <p>1x lesson on black history month</p> <p>Same or different? (coramifeeducation.org.uk)</p> <p>Unkind, tease or bully? (coramifeeducation.org.uk)</p> <p>It's not fair! (coramifeeducation.org.uk)</p> <p>Who are our special people? (coramifeeducation.org.uk)</p> <p>Our special people balloons (coramifeeducation.org.uk)</p>	<p>Keeping Myself and Others Safe</p> <p>1x lesson on road safety: road signs and arklings</p> <p>1x lesson on fire safety</p> <p>Who can help? (1) (coramifeeducation.org.uk)</p> <p>What could Harold do? (coramifeeducation.org.uk)</p> <p>Harold loses Geoffrey (coramifeeducation.org.uk)</p> <p>Internet Safety</p> <p>Sharing pictures (coramifeeducation.org.uk)</p>	<p>Responsibility</p> <p>Taking care of something (coramifeeducation.org.uk)</p> <p>Around and about the school (coramifeeducation.org.uk)</p> <p>Pass on the praise! (coramifeeducation.org.uk)</p> <p>1x lesson on government</p> <p>Economics</p> <p>Harold's money (coramifeeducation.org.uk)</p> <p>How should we look after our money? (coramifeeducation.org.uk)</p>	<p>Healthy Living</p> <p>I can eat a rainbow (coramifeeducation.org.uk)</p> <p>Harold's wash and brush up (coramifeeducation.org.uk)</p> <p>Healthy me (coramifeeducation.org.uk)</p> <p>Super sleep (coramifeeducation.org.uk)</p> <p>Basic first aid (coramifeeducation.org.uk)</p> <p>Catch it! Bin it! Kill it! (coramifeeducation.org.uk)</p> <p>Inside my wonderful body! (OPTIONAL) (coramifeeducation.org.uk)</p>	<p>Growing & Changing</p> <p>Then and now (coramifeeducation.org.uk)</p> <p>Babies</p> <p>Taking care of a baby (coramifeeducation.org.uk)</p> <p>Consent</p> <p>Good or bad touches? (coramifeeducation.org.uk)</p> <p>Keeping privates private (coramifeeducation.org.uk)</p> <p>Sharing pictures (coramifeeducation.org.uk)</p> <p>Surprises and secrets (coramifeeducation.org.uk)</p>

Year 2	<p>1x lesson on British Values</p> <p>Teamwork & Conflict Resolution</p> <p>Our ideal classroom (1) (coramifeeducation.org.uk)</p> <p>How are you feeling today? (coramifeeducation.org.uk)</p> <p>Let's all be happy! (coramifeeducation.org.uk)</p> <p>Being a good friend (coramifeeducation.org.uk)</p> <p>Types of bullying (coramifeeducation.org.uk)</p> <p>Don't do that! (coramifeeducation.org.uk)</p> <p>Bullying or teasing? (OPTIONAL) (coramifeeducation.org.uk)</p>	<p>Tolerance & Respect</p> <p>1x lesson on black history month: Rosa Parks</p> <p>What makes us who we are? (coramifeeducation.org.uk)</p> <p>My special people (coramifeeducation.org.uk)</p> <p>How do we make others feel? (coramifeeducation.org.uk)</p> <p>When someone is feeling left out (coramifeeducation.org.uk)</p> <p>An act of kindness (coramifeeducation.org.uk)</p> <p>Solve the problem (coramifeeducation.org.uk)</p>	<p>Keeping Myself and Others Safe</p> <p>1x lesson on road safety: road signs and markings</p> <p>1x lesson on fire safety</p> <p>Harold's picnic (coramifeeducation.org.uk)</p> <p>What should Harold say? (coramifeeducation.org.uk)</p> <p>Fun or not? (coramifeeducation.org.uk)</p> <p>Internet Safety</p> <p>Playing games (coramifeeducation.org.uk)</p>	<p>Responsibility</p> <p>How can we look after our environment? (coramifeeducation.org.uk)</p> <p>When someone is feeling left out (coramifeeducation.org.uk)</p> <p>When I feel like erupting (coramifeeducation.org.uk)</p> <p>1x lesson on government</p> <p>Economics</p> <p>Harold saves for something special (coramifeeducation.org.uk)</p> <p>Harold goes camping (OPTIONAL) (coramifeeducation.org.uk)</p>	<p>Healthy Living</p> <p>Harold's postcard - helping us to keep clean and healthy (coramifeeducation.org.uk)</p> <p>My day (coramifeeducation.org.uk)</p> <p>Harold's bathroom (coramifeeducation.org.uk)</p> <p>My body needs... (OPTIONAL) (coramifeeducation.org.uk)</p> <p>What does my body do? (coramifeeducation.org.uk)</p>	<p>Growing and Changing</p> <p>Haven't you grown! (coramifeeducation.org.uk)</p> <p>Consent</p> <p>My body, your body (coramifeeducation.org.uk)</p> <p>Respecting privacy (coramifeeducation.org.uk)</p> <p>Some secrets should never be kept (coramifeeducation.org.uk)</p> <p>I don't like that! (coramifeeducation.org.uk)</p>
Year 3	<p>1x lesson on British Values</p> <p>Teamwork & Conflict Resolution</p> <p>As a rule (coramifeeducation.org.uk)</p> <p>How can we solve this problem? (coramifeeducation.org.uk)</p> <p>Tangram team challenge (OPTIONAL) (coramifeeducation.org.uk)</p> <p>Thunks (coramifeeducation.org.uk)</p> <p>Dan's dare (coramifeeducation.org.uk)</p> <p>My special pet (OPTIONAL) (coramifeeducation.org.uk)</p>	<p>Tolerance & Respect</p> <p>1x lesson on black history month: Booker T Washington</p> <p>Respect and challenge (coramifeeducation.org.uk)</p> <p>Family and friends (coramifeeducation.org.uk)</p> <p>My community (coramifeeducation.org.uk)</p> <p>Our friends and neighbours (coramifeeducation.org.uk)</p> <p>Let's celebrate our differences (coramifeeducation.org.uk)</p> <p>Zeb (coramifeeducation.org.uk)</p>	<p>Keeping Myself and Others Safe</p> <p>1x lesson on road safety: laws</p> <p>1x lesson on fire safety</p> <p>Safe or unsafe? (coramifeeducation.org.uk)</p> <p>Danger or risk? (coramifeeducation.org.uk)</p> <p>Help or harm? (coramifeeducation.org.uk)</p> <p>Alcohol and cigarettes: the facts (coramifeeducation.org.uk)</p> <p>Internet Safety</p> <p>Super Searcher (coramifeeducation.org.uk)</p>	<p>Responsibility</p> <p>Helping each other to stay safe (coramifeeducation.org.uk)</p> <p>Recount task (coramifeeducation.org.uk)</p> <p>Our helpful volunteers (coramifeeducation.org.uk)</p> <p>1x lesson on government: democracy</p> <p>Economics</p> <p>Can Harold afford it? (coramifeeducation.org.uk)</p> <p>Earning money (coramifeeducation.org.uk)</p>	<p>Healthy Living</p> <p>Derek cooks dinner! (healthy eating) (coramifeeducation.org.uk)</p> <p>Body team work (coramifeeducation.org.uk)</p> <p>Poorly Harold (coramifeeducation.org.uk)</p> <p>Bereavement</p> <p>My special pet (OPTIONAL) (coramifeeducation.org.uk)</p> <p>Environment</p> <p>Harold's environment project (coramifeeducation.org.uk)</p> <p>Let's have a tidy up! (OPTIONAL) (coramifeeducation.org.uk)</p>	<p>Growing & Changing</p> <p>My changing body (coramifeeducation.org.uk)</p> <p>Consent</p> <p>Body space (coramifeeducation.org.uk)</p> <p>None of your business! (coramifeeducation.org.uk)</p> <p>Secret or surprise? (coramifeeducation.org.uk)</p>
Year 4	<p>1x lesson on British Values</p> <p>Teamwork & Conflict Resolution</p> <p>Human machines (coramifeeducation.org.uk)</p> <p>Ok or not ok? (part 1) (coramifeeducation.org.uk)</p> <p>Ok or not ok? (part 2) (coramifeeducation.org.uk)</p>	<p>Tolerance & Respect</p> <p>1x lesson on black history month: Bessie Coleman</p> <p>Can you sort it? (coramifeeducation.org.uk)</p> <p>What would I do? (coramifeeducation.org.uk)</p> <p>The people we share our world with (coramifeeducation.org.uk)</p>	<p>Keeping Myself and Others Safe</p> <p>1x lesson on road safety: laws</p> <p>1x lesson on fire safety</p> <p>1x lesson on internet safety</p> <p>Secret or surprise? (coramifeeducation.org.uk)</p> <p>Safety in numbers (coramifeeducation.org.uk)</p>	<p>Responsibility</p> <p>Who helps us stay healthy and safe? (coramifeeducation.org.uk)</p> <p>It's your right (coramifeeducation.org.uk)</p> <p>How do we make a difference? (coramifeeducation.org.uk)</p> <p>Volunteering is cool (OPTIONAL) (coramifeeducation.org.uk)</p>	<p>Healthy living</p> <p>SCARF hotel (coramifeeducation.org.uk)</p> <p>Basic first aid (coramifeeducation.org.uk)</p> <p>Moving house (coramifeeducation.org.uk)</p> <p>1x lesson on sleep</p> <p>Bereavement</p>	<p>Growing and Changing</p> <p>All change! (coramifeeducation.org.uk)</p> <p>Preparing for changes at puberty (formerly Period positive/preparing for periods) (coramifeeducation.org.uk)</p> <p>My feelings are all over the place! (coramifeeducation.org.uk)</p>

	<p>Different feelings (coramifeeducation.org.uk)</p> <p>When feelings change (OPTIONAL) (coramifeeducation.org.uk)</p> <p>Under pressure (coramifeeducation.org.uk)</p>	<p>That is such a stereotype! (coramifeeducation.org.uk)</p> <p>Friend or acquaintance? (coramifeeducation.org.uk)</p> <p>Islands (coramifeeducation.org.uk)</p>	<p>Medicines: check the label (coramifeeducation.org.uk)</p> <p>Know the norms (OPTIONAL) (coramifeeducation.org.uk)</p>	<p>In the news! (coramifeeducation.org.uk)</p> <p>1x lesson on government: voting</p> <p>Economics</p> <p>Harold's expenses (OPTIONAL) (coramifeeducation.org.uk)</p> <p>Why pay taxes? (coramifeeducation.org.uk)</p>	<p>1x lesson on loss</p> <p>Environment</p> <p>1x lesson on protecting the environment</p>	<p>Consent</p> <p>Together (coramifeeducation.org.uk)</p> <p>How dare you! (coramifeeducation.org.uk)</p>
Year 5	<p>1x lesson on British Values</p> <p>Teamwork & Conflict Resolution</p> <p>Collaboration Challenge! (coramifeeducation.org.uk)</p> <p>Give and take (coramifeeducation.org.uk)</p> <p>Communication (OPTIONAL) (coramifeeducation.org.uk)</p> <p>Assertiveness Skills</p> <p>Communication (OPTIONAL) (coramifeeducation.org.uk)</p> <p>Our emotional needs (coramifeeducation.org.uk)</p> <p>Being assertive (coramifeeducation.org.uk)</p>	<p>Tolerance & Respect</p> <p>1x lesson on black history month: MLK</p> <p>Boys will be boys? - challenging work-place gender stereotypes (coramifeeducation.org.uk)</p> <p>Happy being me (coramifeeducation.org.uk)</p> <p>The land of the Red People (coramifeeducation.org.uk)</p> <p>Is it true? (coramifeeducation.org.uk)</p> <p>Stop, start, stereotypes (coramifeeducation.org.uk)</p> <p>It could happen to anyone (OPTIONAL) (coramifeeducation.org.uk)</p>	<p>Keeping Myself and Others Safe</p> <p>1x lesson on train safety</p> <p>Dear Ash (coramifeeducation.org.uk)</p> <p>Vaping: healthy or unhealthy? (coramifeeducation.org.uk)</p> <p>Drugs: true or false? (OPTIONAL) (coramifeeducation.org.uk)</p> <p>Smoking: what is normal? (OPTIONAL) (coramifeeducation.org.uk)</p> <p>Internet Safety</p> <p>Spot bullying (coramifeeducation.org.uk)</p> <p>Communication (OPTIONAL) (coramifeeducation.org.uk)</p>	<p>Responsibility</p> <p>Fact or opinion? (coramifeeducation.org.uk)</p> <p>Mo makes a difference (coramifeeducation.org.uk)</p> <p>Rights, respect and duties (coramifeeducation.org.uk)</p> <p>Government Lesson: Local councils (OPTIONAL) (coramifeeducation.org.uk)</p> <p>Economics</p> <p>Spending wisely (coramifeeducation.org.uk)</p> <p>Lend us a fiver! (coramifeeducation.org.uk)</p>	<p>Healthy Living</p> <p>It all adds up! (coramifeeducation.org.uk)</p> <p>What's the story? (coramifeeducation.org.uk)</p> <p>'Thinking' about habits (OPTIONAL) (coramifeeducation.org.uk)</p> <p>1x lesson on sleep</p> <p>1x lesson on healthy diet</p> <p>Bereavement</p> <p>Dear Hetty (OPTIONAL) (coramifeeducation.org.uk)</p> <p>Environment</p> <p>1x lesson on protecting the environment</p>	<p>Growing and Changing</p> <p>Growing up and changing bodies (coramifeeducation.org.uk)</p> <p>Changing bodies and feelings (coramifeeducation.org.uk)</p> <p>Help! I'm a teenager - get me out of here! (coramifeeducation.org.uk)</p> <p>Consent</p> <p>Decision dilemmas (coramifeeducation.org.uk)</p> <p>1x lesson on appropriate touch</p>
Year 6	<p>1x lesson on British Values</p> <p>Teamwork & Conflict Resolution</p> <p>Let's negotiate (OPTIONAL) (coramifeeducation.org.uk)</p> <p>Solve the friendship problem (coramifeeducation.org.uk)</p> <p>Assertiveness Skills</p> <p>Behave yourself (coramifeeducation.org.uk)</p> <p>Assertiveness skills (formerly Behave yourself - 2) (coramifeeducation.org.uk)</p> <p>Acting appropriately (coramifeeducation.org.uk)</p>	<p>Tolerance & Respect</p> <p>1x lesson on black history month: Barack Obama</p> <p>OK to be different (coramifeeducation.org.uk)</p> <p>We have more in common than not (coramifeeducation.org.uk)</p> <p>Respecting differences (coramifeeducation.org.uk)</p> <p>Tolerance and respect for others (coramifeeducation.org.uk)</p> <p>Advertising friendships! (coramifeeducation.org.uk)</p> <p>Boys will be boys? - challenging gender stereotypes (coramifeeducation.org.uk)</p>	<p>Keeping Myself and Others Safe</p> <p>1x lesson on train safety</p> <p>What's the risk? (1) (coramifeeducation.org.uk)</p> <p>What's the risk? (2) (coramifeeducation.org.uk)</p> <p>Internet Safety</p> <p>Think before you click! (coramifeeducation.org.uk)</p> <p>It's a puzzle (OPTIONAL) (coramifeeducation.org.uk)</p> <p>Fakebook friends (coramifeeducation.org.uk)</p> <p>To share or not to share? (coramifeeducation.org.uk)</p>	<p>Responsibility</p> <p>Two sides to every story (coramifeeducation.org.uk)</p> <p>Action stations! (OPTIONAL) (coramifeeducation.org.uk)</p> <p>Democracy in Britain 1 - Elections (coramifeeducation.org.uk)</p> <p>Democracy in Britain 2 - How (most) laws are made (coramifeeducation.org.uk)</p> <p>Community art (OPTIONAL) (coramifeeducation.org.uk)</p> <p>Economics</p> <p>What's it worth? (coramifeeducation.org.uk)</p> <p>Jobs and taxes (OPTIONAL) (coramifeeducation.org.uk)</p>	<p>Healthy Living</p> <p>Basic first aid, including Sepsis Awareness (coramifeeducation.org.uk)</p> <p>Five Ways to Wellbeing project (coramifeeducation.org.uk)</p> <p>Our recommendations (coramifeeducation.org.uk)</p> <p>Bereavement</p> <p>1x lesson on bereavement</p> <p>Environment</p> <p>Project Pitch (parts 1 & 2) (OPTIONAL) (coramifeeducation.org.uk)</p> <p>Happy shoppers - caring for the environment (coramifeeducation.org.uk)</p>	<p>Growing and Changing</p> <p>Is this normal? (coramifeeducation.org.uk)</p> <p>Helpful or unhelpful? Managing change (coramifeeducation.org.uk)</p> <p>Making babies (coramifeeducation.org.uk)</p> <p>Consent</p> <p>Pressure online (coramifeeducation.org.uk)</p> <p>Don't force me (coramifeeducation.org.uk)</p>

