



PE Curriculum Overview



Class		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
PE 1	EYFS	Gymnastics Moving	Locomotion Jumping	Dance Nursery Rhymes	Ball Skills Feet	Attack Vs Defence Games for understanding	Ball Skills Rackets, bats, balls and balloons
	KS1	Gymnastics Linking	Locomotion Jumping	Dance Water	Ball Skills Feet	Attack Vs Defence Games for understanding	Ball Skills Rackets, bats, balls
	3/4	Dance Cats	Gymnastics Levels and Direction	Invasion Games Netball	Health and Well-being Health	Inclusion Games Boccia	Striking and Fielding Games Rounders
	4/5	Invasion Games Dodgeball	Gymnastics Counter balance and Tension	Dance Circus	Inclusion Games Boccia	Health and Well-being Health	Striking and Fielding Games Cricket
	5/6	Dance Carnival	Gymnastics	Inclusion Games Boccia	Invasion Games Basketball	Health and Well-being Health	Striking Games Golf
PE 2	EYFS	Dance Ourselves	Ball Skills Hands	Gymnastics High, Low, Over, Under	Health and Well-being Health	Locomotion Walking	Sports Day
	KS1	Dance Exploring	Ball Skills Hands	Gymnastics Pathways	Health and Well-being Health	Locomotion Dodging	Sports Day
	3/4	Gymnastics Bridges	Dance Space	Net/wall Games Tennis	OAA Orienteering	Swimming	Athletics Throwing, jumping, running
	4/5	Dance Street Art	Net/wall Games Tennis	Gymnastics Flight	OAA Orienteering	Swimming	Athletics Throwing, jumping, running
	5/6	Gymnastics	Dance Prejudice and Discrimination	Net/Wall games Tennis	OAA Orienteering	Swimming	Athletics Throwing, jumping, running

